

# Hemet Unified School District



Educate district staff, students, and parents on the key points of the Wellness Policy by use of social media and signage in 2018-19 School Year.



Encourage nonfood fundraisers to eliminate marketing of unhealthy foods by generating ideas that create additional funding for schools by the fall of 2019.



Promote nonfood rewards, healthier snacks and beverages for celebrations and class parties for the improvement of health and decrease childhood obesity in our district by the spring of 2020!



- EDUCATION
- NUTRITION
- PHYSICAL ACTIVITY
- MARKETING

## QUICK FACTS

CHRONIC ABSENTEEISM:  
18%

OBSESITY RATES BY  
GRADE (2016):

5th Graders– 42%

7th Graders– 42%

9th Graders– 38%



- ⇒ Salad Bars at Middle Schools in 2018-19 School Year
- ⇒ Running Clubs
- ⇒ School Gardens
- ⇒ Piloting 2nd Chance Breakfast at select Middle and High Schools



Information Provided by:  
HUSD Wellness Committee  
CDE Data Quest

